

## Head Start for Healthy Smiles

By Dr. Reginald Griggs  
SPECIAL TO THE FORUM

The American Association of Orthodontists recommends that a child's first visit to an orthodontist take place when an orthodontic problem is first detected.

Depending on the problem, whether it is a jaw growth problem, tooth problem or both, this first visit could take place as early as age 2 or 3, as the primary teeth erupt.

Whether an orthodontic problem is detected, however, a child should visit an orthodontist for a checkup no later than age 7. This may surprise you because orthodontic treatment is usually associated with adolescence.

Although treatment will not necessarily begin at this early age, an examination is important to ensure maximum dental health for your child.

The following early warning signs may indicate that your child should have an orthodontic evaluation:

- Early or late loss of teeth
- Difficulty in chewing or biting

- Mouth breathing
- Thumb sucking
- Crowding, misplaced or blocked-out teeth
- Jaws that shift or make sounds
- Speech difficulties
- Biting the cheek or the roof of the mouth
- Teeth that meet abnormally or don't meet at all
- Facial imbalance
- Jaws that are too far forward or back
- Grinding or clenching of the teeth

An orthodontic examination is advisable any time a particular problem is noted by the parent, family dentist, or child's physician.

Without treatment, many problems become worse and can require additional dental care later in life.

Dr. Reginald Griggs received his D.D.S. degree from UCLA. He completed his orthodontic residency at UCSF, where he is an associate clinical professor. He offers a complimentary exam at his office, 20265 Lake Chabot Road in CV. Call: 537-3050.



PHOTO COURTESY OF STEVE BOTTO

The victorious Yankees: front row from left, Mike Williams, Lucas Botto, Justin Seever, Ryan Cardenas and Dominic Giuntoli; middle row, Ryan Seideman, Brian Robinson, Cordon Moog, Luke Kincaid and Coach Gary Giuntoli; back row, coaches Thomas Kincaid, Bruce Moog and Steve Botto.

## YANKEES WIN TOURNAMENT CHAMPIONSHIP

By Jim Carrizo  
CASTRO VALLEY FORUM

The first year, A Division A Fan Of The Game Yankees, finished in an impressive fourth place out of 11 teams, in the regular season with a 13-4-3 record, then won the tournament Championship on June 20 at Marshall Elementary School's field 1.

"The team believed in themselves and had great support all year long from family and friends," said Manager Steve Botto. "It was pure joy to watch this young, talented team develop into a play-off contender. To win it all simply is a credit to the players."

The Yankees won the Championship trophy with a heart-stopping, come-from-behind,

extra-inning 7-5 win over the Rockies. Going into the top of the 7th and final inning and trailing 3-0, the Yankees exploded for 5 runs.

The big two-out hits were a game-tying single by Luke Kincaid and a thundering two-run double off the left field fence by Ryan Seideman.

The Rockies came right back and scored 2 runs in the bottom of the 7th to tie the game up and send it into extra innings, but the Yankees by this time could smell the championship.

With the help of their overflowing fans, the Yankees collected 4 more hits and put across 2 more runs in the top half of the 8th inning, while stopping the Rockies in the bottom half of the inning.

"We rode our ace pitcher, Cordon Moog, through the play-offs and gained a level of confidence with some good defense, timely hitting, and great pitching," said Botto.

## SPOTLIGHT ON CV ADULT AND CAREER EDUCATION

## Music for Minors II Needs You

By Carol Zilli  
SPECIAL TO THE FORUM

If you agree with Henry James that "the arts make life" and that music creates complete human beings capable of leading productive lives that serve others, then Music for Minors II (MFMII) needs you.

Help fill the musical void in our local schools due to budgetary cutbacks in arts education by becoming a music docent in this nonprofit organization that has kept music in the schools since 1988.

MFMII trains community volunteers every fall through Castro Valley Adult and Career Education at Proctor Elementary School from mid-September through mid-November. Trained music docents then share singing, rhythmic movement/dance, instrumentation, and listening appreciation in weekly music lessons in children's classrooms for the school year.

Volunteers 18 yrs. and older are welcome to continue the MFMII mission of nurturing the love and literacy of music in children and provide performance opportunities for them.

Music education is a critical part of a child's development. Brain research verifies the powerful impact music has on learning since it integrates the brain not to mention its power to heal, unite, and foster creativity and self-expression.

Our future depends on the education of caring problem solvers whose critical thinking skills will contribute to the betterment of society.

If we cease to provide for the education of our future musicians and concert audiences, the

See SCHOOL on page 14

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